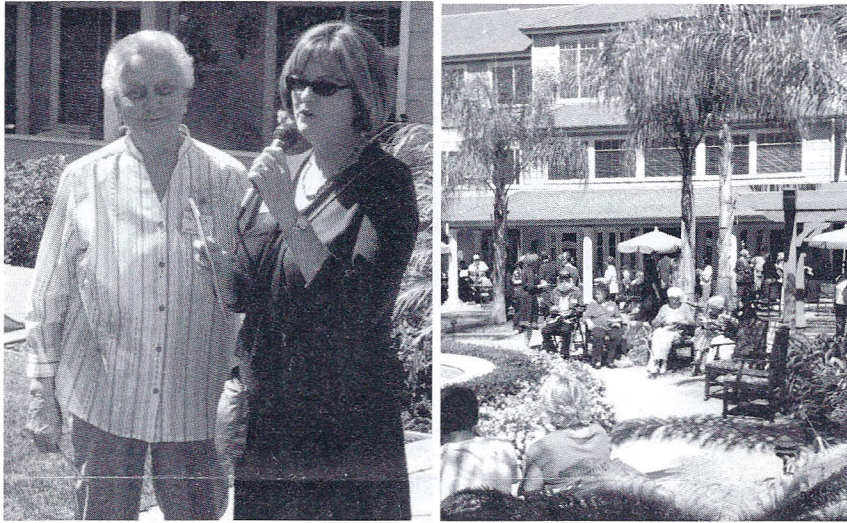


Cardinal Point Hosts Volunteer Appreciation Party



Left: Wilda Knox (volunteer) and Rosemary Reilly (Director of AMOW)
 Right: Volunteers enjoying food and entertainment

Alameda Meals on Wheels and Friendly Visitors recently hosted an Ice Cream Social at Cardinal Point at Mariner Square as a way of thanking their volunteers. Eight people were given special recognition for volunteering over 25 years. They are Gladys O'Rourke, Mildred Black, Dee Dee Appleton, Walt Morris, Doreen McAfee, Bea Bradley, Marian Williams, and Wilda Knox (37 years). Special thanks to Tucker's Ice Cream for donating ice cream and toppings, and Jazz Hammer of Thor for providing our music.

Mitzvah for Alameda Meals on Wheels



In Judaism, a Mitzvah refers to an act of human kindness. Each spring, Temple Sinai in Oakland mobilizes its congregation to do good in the community. This year Art Hoffman organized his family and friends to deliver Meals on Wheels in the city of Alameda. In addition, Art contributes his time year-round as President of Alameda County Meals on Wheels.

Pictured at left are (L to R) Art Hoffman, Chessy Hoffman, Fayne Cohen, Asher Hoffman, Jody Hoffman, Mary Frances Shaffer, Ron Shaffer, and Gabe Shaffer.

THANKS FOR YOUR GENEROSITY . . .

ACI – Alameda County Industries
 Alameda Credit Union
 Alameda Hospital
 Alameda Welfare Council
 Alliance for Health
 AMB Property Corp.
 Avalon Village
 Bay Stamp & Engraving
 Bay Ship & Yacht Co.
 Cardinal Point at Mariner Square
 Chef-K

Cucina di Cannelora
 Diamond Tool and Die, Inc.
 First Community Bank
 Foster Interstate Media, Inc.
 Gallagher and Lindsey Realtors
 Jiva Creative
 La Penca Azul Restaurant
 Robert L. Lippert Foundation
 Kelly Lux – State Farm Insurance
 Oakland Athletics Community Fund
 Peet's Coffee

Dr. Paul J. Robinson Family Practice
 Pete Stark Foundation
 Rock Wall Wine Company
 SKS Die Casting & Machining
 Soulages Properties
 Swinerton Foundation
 Thomson Properties
 Timber Dell Properties
 Tucker's Ice Cream
 Wal-Mart
 Water's Edge Nursing Home
 West Coast Rental